



SIZING GUIDE

UNISEX	XS	S	M	L	XL	XXL	XXXL
Garment Chest Measurement (inches) *	40	42	44	46	49	52	56
Garment Chest Measurement (cm) *	102	107	112	117	124	132	142
Male: To Fit Chest (inches)	36	38	40	42-44	46	48-50	52-54
Male: To Fit Chest (cm)	91	97	102	107-112	117	122-127	132-137
Female: To Fit Bust (inches)	30-34	36	38	40	42	44	46
Female: To Fit Bust (cm)	76-86	91	97	102	107	112	117
UNISEX JOG PANTS	S	M	L	XL			
Garment Waist Measurement (inches) *	30	32	34	36			
Garment Waist Measurement (cm) *	76	81	86	91			
LADIES	XS	S	M	L	XL		
Garment Chest Measurement (inches) *	35	37	39	41	43		
Garment Chest Measurement (cm) *	89	94	99	104	109		
Female UK Sizes	8/10	10/12	12/14	14/16	16/18		
JUNIOR	3-4yrs	5-6yrs	7-8yrs	9-10yrs	11-13yrs		
Garment Chest Measurement (inches) *	30	32	34	36	38		
Garment Chest Measurement (cm) *	76	81	86	91	97		
Body Length (inches) *	17	19	21	23	25		
Body Length (cm) *	43	48	53	58	63		

Measurements specified are approximate only, these are subject to an allowance averaging +/- 1.25 inches or 3.2cm